

Personal Inventory

Interests, skills, and talents - we all have them. What are yours?

Interests are what you think about and what you would like to know more about - for example, technology, the arts, social media, or an historical event. Are you interested in animals, movies, mysteries, or travel? Do you collect anything?

Skills and talents have to do with things that you like to do or that you do easily or well. Is there an activity you especially enjoy? Do you have a favorite subject in school? Do you sing, play the saxophone, or study ballet? Do you know more than one language? Can you cook? Do you have any special computer abilities, like to take photographs or play soccer?

Areas for growth refer to abilities or qualities you aim to develop or improve.

Work with a partner and take turns interviewing each other to identify your interests, skills and talents, areas for growth, and to find out how you have helped and been helped by others.

Interests: I like to learn and think about _____

Skills and talents: I can _____

Areas for Growth: What I aim to develop or improve _____

Being helpful: Describe a time when you helped someone. _____

Receiving help: Describe a time when someone helped you. _____

THE PHILANTHROPY PROJECT
A Guide for Educators